910-395-6132

| Monday | | Month of: July 2021 | | 910-395-6132 |
|-----------|---|---|--|--|
| · | Tuesday | Wednesday | Thursday | Friday |
| | | | B: Chex (Corn, Wheat, Rice) -WG(WG), Apple Juice, milk/whole,skim,1%,soy | milk/whole,skim,1%,soy |
| | | | L: Yogurt, English muffins-WG(WG), Corn, Mandarin Oranges, milk/whole,skim,1%,soy | Chicken Strips/Tenders, buns/rolls/bread-WG(WG), Green Beans, Bananas, milk/whole,skim,1%,soy |
| | | | P:, Cheese Crackers, Cucumbers,, | -, Graham Crackers, Apple Juice |
| B: CLOSED | B: Cheerios/MultiGrain Cheerios-WG(WG), Bananas, milk/whole,skim,1%,soy | B: French Toast, Applesauce, milk/whole,skim,1%,soy | B: Pancakes, Orange Juice, milk/whole,skim,1%,soy | B: -, Honey Kix-WG(WG), Applesauce, milk/whole,skim,1%,soy |
| _ | L: Ham, Tortilla-WG(WG), Green Beans, Peaches, milk/whole,skim,1%,soy | L: Chicken Nuggets, buns/rolls/bread-WG(WG), Mixed Vegetables, Bananas, milk/whole,skim,1%,soy | L: Peanut Butter, buns/rolls/bread-WG(WG), Green Beans, Peaches, milk/whole,skim,1%,soy | L: Chicken, Rice (white), Carrots, Pineapple, milk/whole,skim,1%,soy |
| P: | String Cheese, Club Crackers, | P:, Animal Crackers, Apple Juice | P:, Pretzel (Hard Or Soft), Raisins, | |

| (919) 580-0610 | Month of: July 2021 | | | 910-395-6132 |
|--|---|---|--|---|
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Chex (Corn, Wheat, Rice)-WG(WG), Applesauce, milk/whole,skim,1%,soy | B: Pancakes, Apple Juice, milk/whole,skim,1%,soy | B: Muffins, Bananas. | B: French Toast, Blueberries, milk/whole,skim,1%,soy | Alpha Bits -WG(WG), Orange Juice, milk/whole,skim,1%,soy |
| L: Ham, buns/rolls/bread-WG(WG), Carrots, Mixed Fruit, milk/whole,skim,1%,soy | | buns/rolls/bread-WG(WG), Mixed Vegetables, Mixed | L: Turkey Sausage, buns/rolls/bread-WG(WG), Green Beans, Peaches, milk/whole,skim,1%,soy | Chicken Nuggets, buns/rolls/bread-WG(WG), Corn, Strawberries, milk/whole,skim,1%,soy |
| P:, Graham Crackers, Blueberries | P:, Cheerios/MultiGrain Cheerios-WG(WG), Bananas, | P:, Goldfish Crackers, Raisins | P:, Animal Crackers, Grape Juice | String Cheese, Pretzel (Hard Or Soft), |
| B: French Toast, Applesauce, milk/whole,skim,1%,soy | B: Chex (Corn, Wheat, Rice) -WG(WG), Apple Juice, milk/whole,skim,1%,soy | milk/whole.skim.1% sov | Cheerios/MultiGrain Cheerios-WG(WG), Orange Juice, milk/whole,skim,1%,soy | Waffles, Applesauce, milk/whole,skim,1%,soy |
| Peanut Butter, English muffins-WG(WG), Mixed Vegetables, Peaches, milk/whole,skim,1%,soy | L: Turkey Sausage, buns/rolls/bread-WG(WG), Potatoes, Applesauce, milk/whole,skim,1%,soy | Tortilla-WG(WG), Carrots, Peaches | L: Turkey & Cheese, buns/rolls/bread-WG(WG), Peas, Mandarin Oranges, milk/whole,skim,1%,soy | L: Chicken Strips/Tenders, buns/rolls/bread-WG(WG), Broccoli, Strawberries, milk/whole,skim,1%,soy |
| P:, Pretzel (Hard Or Soft), Bananas mini hard pretzels | P:, Animal Crackers,, Blueberries | | P:, Club Crackers, Cucumbers,, | P:, Teddy Grahams(WG), Apple Juice |

6/29/2021

4:12PM

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Center: CREATIVE ACADEMY ELC (919) 580-0610

Monthly Menu Plan (Non-Infant)

Sponsor: Cape Fear Tutoring

| (11) 100 001 | | | Month of: July 2021 | | 910-395-6132 |
|----------------|---|--|--|--|--|
| 26 | Monday | Tuesday | Wednesday | Thursday | Friday |
| B: | Honey Kix-WG(WG), Bananas, milk/whole,skim,1%,soy | Grane Juice | milk/whole,skim,1%,soy | B: Muffins, Applesauce, milk/whole,skim,1%,soy | |
| L: | Ham & Cheese, Tortilla-WG(WG), Corn, Mixed Fruit, milk/whole,skim,1%,soy | buns/rolls/bread-WG(WG), Potatoes, Applesauce. | buns/rolls/bread-WG, Corn, Pineapple, | muffins-WG(WG), Carrots, Mandarin Oranges, | Mixed Vegetables, Pineapple, milk/whole,skim,1%,soy |
| P: | , Pretzel (Hard Or Soft), Applesauce mini hard pretzels | P:, Animal Crackers,, Blueberries | | P:, Cheese Crackers,, Raisins | P:, Club Crackers, Applesauce, |

6/29/2021